Play it SMART with EQUIA Forte® HT!

What is SMART?
SMART or Silver Modified Atraumatic Restorative Treatment involves the application of Silver Diamine Fluoride (SDF) followed by a restoration with self-adhesive, long-term restoratives such as glass hybrids.

Why SMART?
SDF typically requires repeated applications over multiple appointments to be effective. However, compliance may be a factor for many patients, and others may not have regular access to care. In SMART, SDF arrests the decay while glass-based restorations help hide stains and provide an excellent seal to protect against further decay.

What are the benefits of SMART?
- Minimally invasive approach conserving pulp
- Hand instruments or slow speed drill can be used to reduce aerosols
- Reduced anxiety or phobia associated with drill or local anesthesia
- Rechargeable fluoride release for help protect against recurrent decay
- Ideal treatment for pediatric, high-risk caries and geriatric population

How many appointments are needed?
SMART can be accomplished in one or two appointments. The two-appointment treatment may provide a better esthetic outcome.

Please follow the instructions on back side of this guide, using EQUIA Forte® HT as an example.
SMART Technique Guide
with EQUIA Forte® HT

Apply Silver Diamine Fluoride following manufacturer’s instructions.

Recommended: Apply CAVITY CONDITIONER (GC) for 10 sec.

Rinse and gently dry, do not desiccate.

a. Shake or tap.  
b. Depress plunger and hold for 2 sec.

Mix in capsule mixer for 10 sec.  
Working time is 1 min. 30 sec. from start of mix.

a. Insert into Capsule Applier.  
b. Click twice to prime capsule.

Dispense within 10 sec.

Pack and contour.  
Avoid moisture contamination and desiccation.

Final finishing after 2 min. 30 sec. from start of mix.

Finish the restoration by applying EQUIA Forte® Coat.  
DO NOT AIR BLOW.

Light cure for 20 sec.∗

∗In single-visit treatment, light curing may darken the restoration because of Silver Diamine Fluoride.

Dotted line: For two-visit treatment, the steps on the right side of the dotted line are performed in a second visit.

Consult Instructions for Use