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GC Dry Mouth Gel™

Topical oral gel for relief from dry mouth

Soothe.
Refresh.
Protect.



**1 in 4 adults
over the age of
65 suffer from
Dry Mouth***

What is dry mouth?

Dry mouth happens when your body does not make enough saliva. It can feel sticky, dry, or uncomfortable – and affect your ability to eat, speak, and taste.



* Agostini, B. A., Cericato, G. O., Silveira, E. R. D., Nascimento, G. G., Costa, F. D. S., Thomson, W. M., & Demarco, F. F. (2018). How Common is Dry Mouth? Systematic Review and Meta-Regression Analysis of Prevalence Estimates. *Brazilian dental journal*, 29(6), 606–618. <https://doi.org/10.1590/0103-6440201802302>

Common causes of Dry Mouth can include:



Certain medication oral side effects



Chronic illnesses (e.g. diabetes, lupus)



Radiation and chemotherapy



Ageing, anxiety and Post-menopausal women



Smoking, vaping and alcohol



Mouth breathing



Sjögren's syndrome, Parkinsons, HIV/AID



Dehydration



Excessive caffeine intake



Salivary gland disorder

Why is saliva important?

Saliva keeps your mouth healthy by:

- ✓ Neutralising acids
- ✓ Washing away food and sugars
- ✓ Starting digestion
- ✓ Protecting teeth from decay
- ✓ Helping with taste, speech, and swallowing

Common signs of dry mouth:

- ✓ Dry or sticky feeling in the mouth
- ✓ Dry and cracked lips
- ✓ Disrupted sleep due to thirst
- ✓ Difficulty eating, swallowing or talking
- ✓ Burning or rough-feeling tongue
- ✓ Altered taste or bad breath

What is GC Dry Mouth Gel™?

GC Dry Mouth Gel™ is a clear gel that provides oral comfort and lubrication by hydrating and lubricating the mouth, tongue, and throat. It has a pleasant taste, neutral pH and forms a long-lasting layer which protects the delicate oral tissues.



What makes it effective?

GC Dry Mouth Gel™ helps:

- ✓ Hydrate and soothe oral tissues
- ✓ Lubricate cheeks, lips, and tongue
- ✓ Protect your oral tissues
- ✓ Create a lasting, comfortable barrier in the mouth
- ✓ Freshen breath with a pleasant taste

How do you apply it?

Start with hydrating the mouth with a sip of water. GC Dry Mouth Gel™ is best applied by expressing a small amount from the tube onto a clean finger, and then smearing the gel around all surfaces in the mouth including the inner cheeks and lips. GC Dry Mouth Gel™ can be applied at anytime during the day or night with no limit on the frequency of application. GC Dry Mouth Gel™ does not interfere with the actions of fluoride products or GC Tooth Mousse™ / GC Tooth Mousse™ Plus.

How long does it last?

Up to four hours of relief from symptoms of dryness can be expected when GC Dry Mouth Gel™ is used during the day. Applying the gel immediately before bed will help minimise interruptions to sleep from symptoms of oral dryness.

Are there any contraindications?

GC Dry Mouth Gel™ should not be used if a person has a sensitivity or allergy to hydroxybenzoates preservatives or any other listed component of the gel.

Can it also be used for denture wearers?

GC Dry Mouth Gel™ can be used under dentures to protect tissues and act as a lubricant. It may help provide some of the grip normally given by saliva – but it does not replace the need for a denture fixative. The gel is safe to use and will not stain or damage denture materials such as acrylic or chrome-cobalt.

Why is it available in many flavours?

For someone who needs GC Dry Mouth Gel™ it's a product that is more likely to be used several times daily. The purpose of different flavours is to provide a variety of pleasant taste alternatives to help keep the mouth feeling fresh and comfortable over time as well as preventing flavour boredom.

When would you use a combination of GC Dry Mouth Gel™ and GC Tooth Mousse™ Plus?

The use of both GC Dry Mouth Gel™ and GC Tooth Mousse™ or GC Dry Mouth Gel™ and GC Tooth Mousse™ Plus may benefit someone with impaired salivary flow. GC Dry Mouth Gel™ soothes the symptoms of oral dryness providing lubrication and comfort. GC Tooth Mousse™ and GC Tooth Mousse™ Plus helps restore lost minerals and strengthen teeth.

GC Dry Mouth Gel™

Topical oral gel for relief from dry mouth

Comes in individual tubes in a variety of delicious flavours



Orange, Fruit salad,
Raspberry, Lemon and Mint

Watch the video to find out more
about GC Dry Mouth Gel™



Visit the Tooth Mousse website
for our range of products



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ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE.

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