**Press Release, September 2021**

**Interview with Dr Andreas Kurbad on CEREC Day 2021**

Dr Andreas Kurbad established his private practice in Viersen in Germany in 1990 and started using CEREC in 1994. He has published more than 100 papers on full-ceramic restorations, computerised dentistry, implantology and epidemiology. His focus is on clinical work, lecturing and publishing worldwide in the areas of restorative dentistry, adhesive techniques, full-ceramic restorations, computerised dentistry and implantology. Kurbad is also the founder of the CEREC Masters Club and has been a mentor for the CAD/CAM study group at the Karl Häupl Institute in Düsseldorf for over ten years. In this interview, he spoke with GC International about the upcoming CEREC Day 2021.

**Dr Kurbad, what is behind CEREC Day, and when did you first introduce it?**

CEREC Day was founded 21 years ago alongside workshops forming a symposium lasting for several days. Having top-class speakers from research, clinics, private practices and dental laboratories, it brings together experts from all over the world. This one platform has an impact on the expertise required for computer-aided all-ceramic restorations, on the associated hardware and software, and on the work of materials scientists, university clinicians, established dentists and dental technicians in the field.

Dr Andreas Kurbad.

CEREC Day goes hand in hand with the CEREC Masters Club, which was founded in 1996 as an independent study group and training facility for dentists and dental technicians. It aimed to advise practitioners and technicians on how to work with the CEREC system. The club received support from the Karl Häupl Institute of the North Rhine Dental Association in Düsseldorf.

During the event, interested parties and users receive practical information in hands-on courses, seminars and symposia, and more recently, as a result of the pandemic, in online webinars. The club promotes the use of digital technology in dentistry on a broad basis.

**What distinguishes CEREC Day?**

CEREC Day offers a varied programme, consisting of lectures, workshops, industry product demos and round-table discussions. The focus is on the hands-on transfer of expertise, especially in the workshops, and also in the collegial exchange of experience.

**What is most remarkable about CEREC Masters Club and CEREC Day for system users and symposium participants?**

CEREC Day is maintaining its relevance. The rapid development of digitisation in dentistry is a challenge for us. At each symposium, participants learn about new methods of diagnosis and treatment, about new materials and about clinical results. The audience is growing each year. Owing to the pandemic, participant numbers are currently limited, so we offer a hybrid symposium, combining in-person and online participation with video streaming. CEREC Day has become a prominent symposium for computer-aided dentistry and enjoys excellent recognition in the professional world.

**Could you tell us more about the highlights planned for the upcoming CEREC Day 2021?**

This year, a unique feature of the event will be a Ladies’ Day on 24 September. Led by Profs. Petra Gierthmühlen and Irena Sailer, nine dentists will present their experiences with computer-aided all-ceramic chairside treatment. The presentation topics vary widely and include intra-oral monitoring, aligner therapy, zirconium dioxide prostheses, implant abutments, anterior tooth aesthetics and business start-ups with CEREC.

Experts who have carried out complex cases with the CEREC system will report on clinically proven materials and their processing. Presenters will talk about new restorative materials, such as Initial LiSi Block, the new lithium disilicate block from GC that offers a simple workflow, a reduction in processing time and high flexural breaking strength, all without the need of firing. Tooth-coloured lithium disilicate is a universal solution that is an aesthetic and mechanically highly resilient alternative to monolithic zirconium dioxide ceramics.

Our industry partners greatly appreciate that the recommendations of CEREC Masters influence the use of materials in practice.

**Thank you, Dr Kurbad! We are looking forward to working together on the upcoming CEREC Day.**

**GC International AG**

Zuerichstrasse 31

6004 Lucerne Switzerland

Tel. +41.41.203.2729

[www.gciag.com](http://www.gciag.com)
info@gciag.com

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