**Press release**

Train the Trainer Minimum Intervention (MI) Dentistry 2024

**European Dentists gather in Leuven to explore innovations in Minimum Intervention Dentistry**

A select group of European Dentists specializing in Minimum Intervention (MI) Dentistry gathered on January 22-23, 2024, in Leuven, Belgium, for an enlightening two-day event. Focused on the theme of "MI Dentistry for All Ages," the meeting delved into the extensive possibilities, covering products and workflows, with a particular emphasis on EQUIA Forte HT, GC`s well-known Glass Hybrid Restorative Material and its diverse applications.

Day one of the event centred around caries in older patients, with Prof. Falk Schwendicke leading the discourse. The day's agenda addressed the unique challenges and differences in managing root caries compared to enamel caries, notably recognising that most of our understanding about caries stems from experiences with children. His findings highlighted the need for a distinct approach to root caries and provided practical recommendations and techniques tailored to the distinctive challenges in dentistry in the ageing society.

On day two, Dr Clarissa C. Bonifácio from the Netherlands took the stage and looked into caries management in paediatric patients. Her sessions encompassed caries risk assessment and non-restorative and restorative treatments in primary dentition, including innovative approaches such as Silver Diamine Fluoride (SDF), atraumatic restorative treatment, and the Hall technique.

Dr. Bonifacio's presentations offered a blend of theoretical insights and practical knowledge, comprising interesting tools for early and child-friendly caries intervention.

The meeting not only expanded participants' insights in MI Dentistry but also served as a platform for fostering collaboration across Europe.

One resounding message echoed throughout the event: the need for a paradigm shifts in breaking the caries cycle. Attendees left armed with fresh insights and a renewed commitment to advancing their practices in the dynamic field of minimum intervention dentistry.

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