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Go with the flow: a cusp-by-cusp additive technique with injectable composite

By **Dr Mindaugas Kudelis**, Lithuania

Traditionally, dentists tend to limit the use of flowable composites to small or non-load-bearing cavities, or use it as a liner or base. Alleged inferior mechanical properties are often mentioned as a reason that we are reluctant to use flowable composite for moderate to large cavities. And that's a pity because a flowable consistency has many advantages: it's adapting well to the cavity walls and it has good handling properties. With current advancements in their development, it's time to shake off that reputation and embrace new restorative methods that make our lives much easier.



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