



Quick and effective restoration with glass hybrids: the stamp technique

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Dr. Rosalía Marcano graduated in Dentistry in 2007 from the Santa María University in Venezuela, and completed her training in Aesthetic Dentistry in 2009. She moved to Spain and completed her studies in Clinical and Advanced Oral Implantology, as well as the Master's Degree in Implantology at the University of Seville in 2013, while working in private practices in Seville and Madrid. Since 2017, she represents the GC Ibérica Professional Services team and is contributing to the organization and development of training activities, courses and workshops designed for clinicians - an activity she is currently developing and combining with her clinical practice and PhD studies at the University of Valladolid (Spain).

Glass hybrid restoratives offer a unique combination of advantages in dentistry. They are biocompatible and require neither the application of bonding agents for adhesion nor absolute isolation protocols. Their high viscosity and chemical setting makes them suitable to be applied in bulk, irrespective of the cavity depth, avoiding interfaces, and also makes them easy to mold with the help of an instrument or - as will be shown in the case presented here - a stamp. Moreover, the cost-effectiveness of this class of materials, even for load-bearing posterior restorations, has recently gained attention in the scientific literature¹.



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