



Glass Hybrids

Cost-effective, long-term restorative alternative

Literature List

March 2024





GC's Glass Hybrids

Building on the extensive and positive clinical evidence of EQUIA restorative system, GC introduced in 2015 the first Glass Hybrid, and offer an unprecedented option for long-term restorations.

Combining a self-cure bulk —fill restorative - EQUIA Forte and EQUIA Forte HT - with a highly filled, light-cure resin coating agent - EQUIA Forte COAT, Glass Hybrids are an Easy, Quick, Unique, Intelligent, Aesthetic restorative alternative.

Furthermore, several clinical studies have proven the **cost-effectiveness** of this new class of material.

Backed by years of extensive research and academically reviewed publications, this literature list provides clinicians with the unwavering confidence in glass hybrid restorative systems as an optimal cost-effective, long-term restorative alternative.

- 🚺 Strong
- Fast bulk-fill placement
- Moisture tolerant
- Long-term performance





Table of contents



∞	Long-term performance	4,5,6,7
\$(1)	Cost-effectiveness scientifically proven	8
*	New class of long-term restorative	9
1	Mechanical performance	10
1	Fluoride release	11
* CC*	Aesthetics: translucency and color stability	12
Ħ	Eco-friendly	13
* CC*	Articles in dental magazines	14





TITLE	Comparative evaluation of postoperative sensitivity in bulk fill restoratives: A randomized controlled trial
REFERENCE	Hirani RT et al.2018. J Int Soc Prev Community Dent. 8(6):534-539. https://doi.org/10.4103/jispcd.jispcd_218_18
Patients treated with EQUIA Forte and Activa Bioactive presented lower POS when compared to gre	

Number of Patients evaluated: 144 patients

TITLE	Glass hybrid restorations as an alternative for restoring hypomineralized molars in the ART model
REFERENCE	Grossi J <i>et al.</i> 2018. BMC Oral Health. 18(1):65. https://doi.org/10.1186/s12903-018-0528-0

EQUIA Forte restorations showed a success rate of 98.3% after 6 and 12 months. The only failure occurred in a restoration involving three or more surfaces presenting the breakdown of all cusps.

Number of Patients evaluated: 44 patients Number of restorations: 60 restorations

TITLE	Multi-center clinical evaluation of bulk-fill glass hybrid restorations: One-year report
REFERENCE	Turkun S <i>et al.</i> 2018. J Dent Res Vol 97(Spec Iss B): 1972. https://iadr.abstractarchives.com/abstract/18iags-2953131/multi-center-clinical-evaluation-of-bulk-fill-glass-hybrid-restorations-oneyear-report
In this split-mouth	study design, EQUIA Forte and the composite Tetric EvoCeram were equally successful in moderate to large size Class II restorations
Number of Patients evalues Number of restorations:	•

TITLE	Does the depth of the cavity and the activity of the lesion in primary molars influence in the success of the restoration?
REFERENCE	Baumotte L et al. 2019. J Dent Res Vol 98 (Spec Iss A): 0605. https://iadr.abstractarchives.com/abstract/19iags-3186371/does-the-depth-of-the-cavity-and-the-activity-of-the-lesion-in-primary-molars-influence-in-the-success-of-the-restoration
EQUIA Forte showed a success rate of 94% after a mean evaluation time of 13.3 months. Cavity depth and caries lesion activity did not influence the restoration's survival.	
Number of Restorations: 45 restorations	





TITLE	Clinical performance of a glass hybrid restorative in extended size class II cavities
REFERENCE	Gurgan S <i>et al.</i> 2020. Oper Dent. 45(3):243-254. https://doi.org/10.2341/18-282-C

EQUIA Forte performed as good as the micro-hybrid composite (G-ænial Posterior), with a success rate of 100% at the 24-month recall.

Number of Patients evaluated:37 patients Number of restorations: 108 restorations

TITLE	Clinical performance of a glass-hybrid system compared with a resin composite in the posterior region: Results of a 2-year multicenter study
REFERENCE	Miletic I <i>et al.</i> 2020. J Adhes Dent. 2020. 22(3):235-247. https://doi.org/10.3290/j.jad.a44547

In this split-mouth study design, EQUIA Forte performed as good as the nanohybrid resin composite (Tetric EvoCeram) in moderate to large two-surface class II restorations.

Number of Patients evaluated: 180 patients Number of restorations: 360 restorations

TITLE	Twenty-four-month clinical performance of a glass hybrid restorative in non-carious cervical lesions of patients with bruxism: a split-mouth, randomized clinical trial
REFERENCE	Vural U <i>et al.</i> 2020. Clin Oral Investig. 24(3):1229-1238. https://doi.org/10.1007/s00784-019-02986-x

EQUIA Forte showed good performance for the restoration of NCCLs when compared to Ceram.X One Universal. Cumulative survival rates was 84.1%

Number of Patients evaluated: 25 patients Number of restorations: 148 restorations

TITLE	ART restorations in MIH severely affected molars: 4 years follow-up
REFERENCE	Marques M et al. 2020. J Dent Res Vol 99 (Spec Iss A): 2384. https://iadr.abstractarchives.com/abstract/20iags-3328771/art-restorations-in-mih-severely-affected-molars-4-years-follow-up

The survival rate was 61.9% after a 48 months. EQUIA Forte is a trustable option for treating severely MIH affected teeth.

Number of Patients evaluated: 44 patients Number of restorations: 60 restorations





TITLE	48-Month clinical performance of a glass hybrid in extended size class II cavities
REFERENCE	Gurgan S <i>et al.</i> 2020. J Dent Res Vol 99 (Spec Iss A): 1389. https://iadr.abstractarchives.com/abstract/20iags-3327309/48-month-clinical-performance-of-a-glass-hybrid-in-extended-size-class-ii-cavities

EQUIA Forte and the micro-hybrid composite (G-ænial Posterior) presented acceptable surface and marginal adaptation characteristics, rendering the glass hybrid a trustable permanent material for large Class II cavities.

Number of Patients evaluated: 32 patients Number of restorations: 90 restorations

TITLE	Clinical Performance of Restorations in Teeth Affected by MIH
REFERENCE	Kaya R <i>et al.</i> 2021. J Dent Res Vol 100 (Spec Iss A): 0584. <u>Clinical Performance of Restorations in Teeth Affected by MIH IADR Abstract Archives</u>

Retention rate at 12-month was 100% for GH restorations, while marginal integrity was 89.2%, suggesting that EQUIA Forte HT is a good restorative option for MIH affected teeth.

Number of Patients evaluated: 28 patients Number of restorations: 67 restorations

TITLE	Sixty-Month Follow-up of a Glass Hybrid in NCCLs
REFERENCE	Gurgan S et al. 2022. Dent Res Vol 101 (Spec Iss C): P319 Sixty-Month Follow-up of a Glass Hybrid in NCCLs IADR Abstract Archives

EQUIA Forte and the resin composite Ceram.X One Universal showed similar clinical performance and survival rates in NCCLs after 5 year.

Number of Patients evaluated: 15 patients Number of restorations: 97 restorations

TITLE	Changes in oral health-related quality of life after treatment of molar incisor hypomineralisation using Glass Hybrid Restorations
REFERENCE	Tugcu N, et al. 2022. J Pak Med Assoc Vol. 72 No. 10 (2022): OCTOBER DOI: https://doi.org/10.47391/JPMA.3848

Treating MIH-affected molars with EQUIA Forte after selective caries removal improved the Oral Health-related Quality of Life (OHRQOL) in children aged 11-14 years.

Number of Patients evaluated:40 patients Number of restorations: 86 restorations





TITLE	4-Years Clinical Performance of Glass-Hybrid and Composite in Multi-Center Trial
REFERENCE	Miletic I <i>et al.</i> 2022. Dent Res Vol 101 (Spec Iss C): P350 4-Years Clinical Performance of Glass-Hybrid and Composite in Multi-Center Trial IADR Abstract Archives

In this split-mouth study design, EQUIA Forte performed as good as the nanohybrid resin composite (Tetric EvoCeram) in moderate to large two-surface class II restorations.

Number of Patients evaluated: 180 patients Number of restorations: 360 restorations

TITLE	Five-Year Performance of Glass-Hybrid and Nano-Hybrid Restoratives: Multi- Centre Clinical Trial
REFERENCE	Miletić I et al. 2023. J Dent Res Vol 102 (Spec Iss C): 0363 https://ced-iadr2023.com/abstract-book-2/ page 183

In this split-mouth study design, the success and survival rates of EQUIA Forte were satisfactory and comparable to those of resin composite, Tetric EvoCeram, in moderate to large two-surface restorations of permanent molars.

Number of Patients evaluated: 180 patients Number of restorations: 360 restorations

TITLE	Clinical performance of a glass-hybrid system in comparison with a resin composite in two-surface class II restorations: a 5-year randomised multi-centre study
REFERENCE	Miletić I <i>et al.</i> Clin Oral Investig. 2024 Jan 20;28(1):104 https://pubmed.ncbi.nlm.nih.gov/38243032/

In this split-mouth study design, EQUIA Forte and Tetric EvoCeram have demonstrated comparable satisfactory performance, suggesting that both products can be used as long-term restorative materials in the posterior region for moderate to large two-surface restorations.

Number of Patients evaluated: 180 patients Number of restorations: 360 restorations

TITLE	Could bulk fill glass hybrid restorative materials replace composite resins in treating permanent teeth? A randomized controlled clinical trial
REFERENCE	Uyumaz FÜ, Abaklı İnci M, Özer H. J Esthet Restor Dent. 2023 Dec 18. https://pubmed.ncbi.nlm.nih.gov/38108583/ doi: 10.1111/jerd.13181. Online ahead of print.

In this split-mouth study design, EQUIA Forte HT (GH) and Charisma Smart Universal were the restorative options to treat Class I restorations in permanent molars. After 1 year, GH and resin composite demonstrated equivalent and successful performance.

Number of Patients evaluated: 44 patients Number of restorations: 144 restorations





Cost-effectiveness scientifically proven

TITLE	Glass Hybrid Versus Nanocomposite for Restoration of Sclerotic Non-carious Cervical Lesions: 18-Month Results of a Randomized Controlled Trial
REFERENCE	Schwendicke F <i>et al.</i> 2021. J Adhes Dent. Dec 3;23(6):487-496. https://doi.org/10.3290/j.jad.b2287831

EQUIA Forte may be a suitable alternative to Filtek Supreme XTE for restoring sNCCLs, without any significant difference in survival between the materials. GH restorations required less chairtime than did placing RC restorations.

Number of Patients evaluated: 88 patients Number of restorations: 175 restorations

TITLE	Glass hybrid versus composite for non-carious cervical lesions: Survival, restoration quality and costs in randomized controlled trial after 3 years
REFERENCE	Schwendicke F et al. 2021. J Dent. Jul; 110:103689. https://doi.org/10.1016/j.jdent.2021.103689

EQUIA Forte was significantly less costly both, initially and long-term, than Filtek Supreme XTE for restoring non-carious cervical lesions. Survival was not significantly different.

Number of Patients evaluated: 88 patients Number of restorations: 175 restorations

TITLE	Cost-effectiveness of glass hybrid versus composite in a multi-country randomized trial
REFERENCE	Schwendicke F <i>et al</i> . 2021. J Dent. 107:103614. https://doi.org/10.1016/j.jdent.2021.103614

EQUIA Forte was less costly than Tetric EvoCeram both initially and over 3 years. Efficacy differences were extremely limited.

Number of Patients evaluated: 180 patients Number of restorations: 360 restorations

TITLE	Long-term cost-effectiveness of glass hybrid versus composite in permanent molars
REFERENCE	Schwendicke F et al. 2021. J Dent. Sep; 112:103751. https://doi.org/10.1016/j.jdent.2021.103751

This study used data provided by a multi-country randomized trial comparing EQUIA Forte to Tetric EvoCeram (Miletic *et al*, 2020) . Microsimulations models translated the data into a long-term horizon, concluding that glass-hybrid is likely a cost-effective option for restoring permanent molars.

Number of Patients evaluated: 180 patients Number of restorations: 360 restorations





New class of long-term restorative

TITLE	Carious Lesions and First Restorative Treatment
REFERENCE	Adopted by FDI General Assembly September 2019 in San Francisco, United States of America https://www.fdiworlddental.org/carious-lesions-and-first-restorative-treatment International Dental Journal 2020; 70: 5–6. https://doi.org/10.1111/idj.12551

This FDI policy statement gives guidance on treatment of caries in deciduous and permanent teeth differentiating the concepts of caries arrest and minimally invasive restorative concepts.

Glass Hybrids are recognized by FDI a class of restorative materials for permanent teeth, suitable for single surface and Class II cavities.

TITLE	Commercially Available Ion-Releasing Dental Materials and Cavitated Carious Lesions: Clinical Treatment Options
REFERENCE	Slimani A <i>et al.</i> 2021. Materials, 14, 6272. https://doi.org/10.3390/ma14216272
Glass Hybrids are bio-interactive restorative materials, with antibacterial effects, capacity to remineralize hard tissues and with bulk-fill reaction.	





Mechanical performance

TITLE	Bond strength to tooth structure and flexural properties of a new precapsulated glass-ionomer cement for filling
REFERENCE	Irie M <i>et al.</i> 2018. The J of the Jap Soc for Dent Mater and Devices Vol. 37 Special Issue 72, p.89.

EQUIA Forte HT (named EQUIA 3 in this study) presented higher shear bond strength to enamel (11.4 MPa) and to dentin (13 Mpa), greater flexural strength (36.6 MPa) and modulus of elasticity (16.8 GPa) when compared to Ketac Universal.

TITLE	Compression fracture resistance of four different glass-ionomer cements
REFERENCE	Glavina D et al. 2020. J Dent Res Vol 99 (Spec Iss A): 1284. https://iadr.abstractarchives.com/abstract/20iags-3315894/compression-fracture-resistance-of-four-different-glass-ionomer-cements
EQUIA Forte HT presented significantly higher fracture resistance than other materials (EQUIA Forte HT	

EQUIA Forte HT presented significantly higher fracture resistance than other materials (EQUIA Forte HT 245,3N; Ketac Molar 140,7N; IonoStar Molar 114,5N).

TITLE	Mechanical performance of a newly developed glass hybrid restorative in the restoration of large MO Class 2 cavities.
REFERENCE	Kutuk ZB <i>et al</i> . 2019. Niger J Clin Pract. Jun;22(6):833-841. https://doi.org/10.4103/njcp.njcp_628_18

EQUIA Forte presented high values of compressive strength (164.62 \pm 25.72 MPa) and fracture resistance (841.88 \pm 74.57 N), suggesting it is a suitable restorative option for extensive cavities in posterior teeth.

TITLE	In vitro investigation of antimicrobial effects, nanohardness, and cytotoxicity of different glass ionomer restorative materials in dentistry
REFERENCE	Cosgun A et al. 2019. Niger J Clin Pract. 2019 Mar;22(3):422-431. https://doi.org/10.4103/njcp.njcp 429 18
EQUIA Forte presented superior nanohardness values compared to Argion and Zirconomer	

TITLE	Bond Strength of Glass-Hybrid and Glass-Ionomer Materials to Primary Dentine
REFERENCE	Peric T et al. J Dent Res Vol 101 (Spec issue C): P305. <u>Abstract_Book.pdf (per-iadr2022.com)</u> page 300
FOLIA Farts III respected bink bond strength to both sound and sories offerted double in reinson tooth	

EQUIA Forte HT presented high bond strength to both, sound and caries-affected dentin in primary teeth.

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	nan L, Soče M, Grego T, Sever E. Polymers (Basel). 2023, 32. DOI: <u>10.3390/polym15030632</u>

Mechanical, chemical and surface properties of EQUIA Forte HT were not affected by therapeutic dose of radiotherapy.





Ion release

TITLE	Comparative evaluation of the physical properties of a reinforced glass ionomer dental restorative material.
REFERENCE	Moshaverinia M <i>et al.</i> 2019. J Prosthet Dent. Aug;122(2):154-159. https://doi.org/10.1016/j.prosdent.2019.03.012
EQUIA Forte is a promising restorative material with higher compressive strength, fluoride release and microhardness than ChemFil Rock.	

TITLE	Comparison of compressive strength and fluoride release of GIC restoratives
REFERENCE	Mori D et al. 2020. J Dent Res Vol 99 (Spec Iss A): 1856. https://iadr.abstractarchives.com/abstract/20iags-3317914/comparison-of-compressive-strength-and-fluoride-release-of-gic-restoratives
EQUIA Forte HT presented the highest strength and the highest amount of fluoride release when compared to other materials (Ketac Universal, Riva Self cure, Chemfil Rock) in different time intervals.	

TITLE	Fluoride and Calcium Release from Alkasite and Glass Ionomer Restorative Dental Materials: In Vitro Study
REFERENCE	Di Lauro A <i>et al.</i> J. Funct. Biomater. 2023, 14, 109. https://doi.org/10.3390/jfb14020109
EQUIA Forte HT presented the highest percentage of ion (F ⁻ and Ca ²⁺) release compared to Cention N in all experimental conditions, under different pH and temperatures.	





Aesthetics: translucency and color stability

TITLE	The influence of surface resin coating on the color stability of restorative glass- ionomer /glass hybrid cements
REFERENCE	Menezes-Silva R et al. 2020. J Dent Res Vol 99 (Spec Iss A):1312. https://iadr.abstractarchives.com/abstract/20iags-3315372/the-influence-of-surface-resin-coating-on-the-color-stability-of-restorative-glass-ionomerglass-hybrid-cements
The surface coating improved color stability overtime. Ketac Universal presented significant color alterations when compared to EQUIA Forte HT.	

TITLE	Mechanical and Optical Properties of a Novel Bulk Fill Glass Hybrid Restorative Dental Material
REFERENCE	Sharrooz S et al. 2020. J Dent Res Vol 99 (Spec Iss A): 3382, https://iadr.abstractarchives.com/abstract/20iags-3322102/mechanical-and-optical-properties-of-a-novel-bulk-fill-glass-hybrid-restorative-dental-material
EQUIA Forte HT presented high values of flexural strength and good translucency.	





Eco-friendly

TITLE	Capsule Waste Evaluation for Restorative Materials
REFERENCE	Cowens M, Powers JM. DENTAL ADVISOR Biomaterials Research Center, number 164 – March, 2023. https://www.dentaladvisor.com/pdf-download/?pdf_url=wp-
	content/uploads/2023/03/RR-164-GC-Capsule-Waste-Evaluation-for-Restorative- Materials.pdf

The overall waste generated by EQUIA Forte HT capsules is lower compared with that generated by similar products.





Articles in dental magazines

TITLE	Glass hybrids versus composite: Efficacy and cost-effectiveness in a multicentre clinical study
REFERENCE	Schwendicke F <i>et al</i> . Dental Tribune International, March 2021. Glass hybrids versus composite: Efficacy and cost-effectiveness in a multicentre clinical study (dental-tribune.com)

TITLE	Glashybrid vs. Komposit: Wirksamkeit und Wirtschaftlichkeit in einer multizentrischen Studie
REFERENCE	Schwendicke F et al. Dental Tribune International, April 2021. Glass hybrids versus composite: Efficacy and cost-effectiveness in a multicentre clinical study (dental-tribune.com)

TITLE	Cost-effectiveness of glass hybrids as restorative alternative proved for cervical lesions
REFERENCE	Schwendicke F <i>et al</i> . Dental Tribune International, Jun 2021. Glass hybrids proven as alternative for cervical lesions (dental-tribune.com)

TITLE	The stamp technique: Quick and effective restoration with glass hybrids
REFERENCE	Marcano, R. Dental Tribune International, Feb 2022. The stamp technique: Quick and effective restoration with glass hybrids (dental-tribune.com)

TITLE	Interview: "Glass hybrids [] are quite forgiving and tolerant regarding clinical challenges"
REFERENCE	Miletic I . Dental Tribune International. June 2020. Interview on glass hybrids and their clinical use (dental-tribune.com)

TITLE	Amalgam: Gone for good?
REFERENCE	Schwendicke F. GC Get Connected, Oct 2022.

