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A non-invasive treatment approach with direct composite veneers

A 28-year-old female patient and 4th year dental student came to the dental clinic of the Master's degree in aesthetic restorative dentistry and endodontics in the King Juan Carlos University in Madrid. She was unhappy with the looks of her central incisors, which were restored after a trauma that she suffered years ago and now the old restorations looked aged and unaesthetically.

By **Andrés Silva, Spain**

The original restorations had a shape in accordance to the size and shape of her teeth, but were darkened and too translucent, exposing the fracture line (Figure 1). Even after orthodontic treatment and two orthognathic surgeries, the patient still had severe midline deviation to the right side and mandibular asymmetry. There were diastemas present were the maxillary segmentation had been done (between teeth 1.2–1.3 and 2.2–2.3) (Figure 2 and 3).

The patient was looking for the most conservative option, so we offered composite veneers as a minimally invasive choice in which no healthy tooth structure has to be removed.





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