



Trends in restorative dentistry

Choosing the material that suits you best

Austria

***Dr Philipp Kober** is a dentist working in private practice in Graz, Austria. He shared his thoughts on the recent advances in restorative dentistry in Europe and explained how this impacts his daily dentistry practise.*

With the rise in minimally invasive dentistry, modern materials enable dental professionals to preserve as much of a healthy tooth as possible.

Choosing the material that's right for you

In recent years I have been exploring in depth the treatment possibilities of composites, particularly for the anterior region. As a result, I have tried various composite systems to see what

qualities the materials possess and which work better in certain cases, from a complex layering technique to a one-shade filling. The system I prefer to use in my daily practise allows me to achieve high quality results in terms of aesthetics and functionality.

In my opinion, choosing a brand that is right for you is individual to each dentist, as everyone has their own way of acquiring a skill, as well as ability and experience of working with a material. Thus, I have picked one brand which offers a wide range of composite characteristics (e.g. colour, translucency and polishability) which has become a universally applicable solution.

My decision to use a layering or one-shade technique depends



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