





## **GC's Glass Hybrids**

Building on the extensive and positive clinical evidence of EQUIA restorative system, GC introduced in 2015 the first Glass Hybrid, and offer an unprecedented option for long-term restorations.

Combining a self-cure bulk –fill restorative - EQUIA Forte and EQUIA Forte HT - with a highly filled, light-cure resin coating agent - EQUIA Forte COAT, Glass Hybrids are an **Easy**, **Quick**, **Unique**, **Intelligent**, **Aesthetic restorative alternative**.

Furthermore, several clinical studies have proven the **cost-effectiveness** of this new class of material.

Backed by years of extensive research and academically reviewed publications, this literature list provides clinicians with the unwavering confidence in glass hybrid restorative systems as an optimal cost-effective, long-term restorative alternative.



Strong



Fast bulk-fill placement



Moisture tolerant

Long-term performance





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#### Long-term performance

TITLE	Comparative evaluation of postoperative sensitivity in bulk fill restoratives: A randomized controlled trial	
REFERENCE	Hirani RT <i>et al</i> .2018. J Int Soc Prev Community Dent. 8(6):534-539. <u>https://doi.org/10.4103/jispcd_jispcd_218_18</u>	
	Patients treated with EQUIA Forte and Activa Bioactive presented lower POS when compared to group restored with Cention N. Follow-up period: 24 h, 1 week and 1 month.	
Number of Patients evaluated: 144 patients		

TITLE	Glass hybrid restorations as an alternative for restoring hypomineralized molars in the ART model
REFERENCE	Grossi J <i>et al</i> , 2018. BMC Oral Health. 18(1):65. <u>https://doi.org/10.1186/s12903-018-0528-0</u>
EQUIA Forte restorations showed a success rate of 98.3% after 6 and 12 months. The only failure occurred in a restoration involving three or more surfaces presenting the breakdown of all cusps.	
Number of Patients evaluated: 44 patients	

Number of restorations: 60 restorations

TITLE	Multi-center clinical evaluation of bulk-fill glass hybrid restorations: One-year report
REFERENCE	Turkun S <i>et al.</i> 2018. J Dent Res Vol 97(Spec Iss B): 1972. <u>https://iadr.abstractarchives.com/abstract/18iags-2953131/multi-center-</u> <u>clinical-evaluation-of-bulk-fill-glass-hybrid-restorations-oneyear-report</u>
In this split-mouth study design, EQUIA Forte and the composite Tetric EvoCeram were equally successful in moderate to large size Class II restorations	
Number of Patients evaluated: 180 patients Number of restorations: 360 restorations	

TITLE	Does the depth of the cavity and the activity of the lesion in primary molars influence in the success of the restoration?
REFERENCE	Baumotte L et al. 2019. J Dent Res Vol 98 (Spec Iss A): 0605. <u>https://iadr.abstractarchives.com/abstract/19iags-3186371/does-the-depth-of-</u> <u>the-cavity-and-the-activity-of-the-lesion-in-primary-molars-influence-in-the-</u> <u>success-of-the-restoration</u>
EQUIA Forte showed a success rate of 94% after a mean evaluation time of 13.3 months. Cavity depth and caries lesion activity did not influence the restoration's survival.	
Number of Restorations: 45 restorations	



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#### Long-term performance

TITLE	Clinical performance of a glass hybrid restorative in extended size class II cavities
REFERENCE	Gurgan S <i>et al.</i> 2020. Oper Dent. 45(3):243-254. <u>https://doi.org/10.2341/18-282-C</u>
EQUIA Forte performed as good as the micro-hybrid composite (G-ænial Posterior), with a success rate of 100% at the 24-month recall.	
Number of Patients evaluated:37 patients Number of restorations: 108 restorations	

TITLE	Clinical performance of a glass-hybrid system compared with a resin composite in the posterior region: Results of a 2-year multicenter study
REFERENCE	Miletic I <i>et al.</i> 2020. J Adhes Dent. 2020. 22(3):235-247. <u>https://doi.org/10.3290/j.jad.a44547</u>
In this split-mouth study design, EQUIA Forte performed as good as the nanohybrid resin composite (Tetric EvoCeram) in moderate to large two-surface class II restorations.	
Number of Patients evaluated: 180 patients Number of restorations: 360 restorations	

TITLE	Twenty-four-month clinical performance of a glass hybrid restorative in non-carious cervical lesions of patients with bruxism: a split-mouth, randomized clinical trial
REFERENCE	Vural U <i>et al.</i> 2020. Clin Oral Investig. 24(3):1229-1238. <u>https://doi.org/10.1007/s00784-019-02986-x</u>
EQUIA Forte showed good performance for the restoration of NCCLs when compared to Ceram.X One Universal. Cumulative survival rates was 84.1%	
Number of Patients evaluated: 25 patients Number of restorations: 148 restorations	





### Long-term performance

TITLE	ART restorations in MIH severely affected molars: 4 years follow-up
REFERENCE	Marques M <i>et al</i> .2020. J Dent Res Vol 99 (Spec Iss A): 2384. <u>https://iadr.abstractarchives.com/abstract/20iags-3328771/art-restorations-in-</u> <u>mih-severely-affected-molars-4-years-follow-up</u>
The survival rate was 61.9% after a 48 months. EQUIA Forte is a trustable option for treating severely MIH affected teeth.	
Number of Patients evaluated: 44 patients Number of restorations: 60 restorations	

TITLE	48-Month clinical performance of a glass hybrid in extended size class II cavities
REFERENCE	Gurgan S <i>et al.</i> 2020. J Dent Res Vol 99 (Spec Iss A): 1389. <u>https://iadr.abstractarchives.com/abstract/20iags-3327309/48-month-clinical-</u> <u>performance-of-a-glass-hybrid-in-extended-size-class-ii-cavities</u>
EQUIA Forte and the micro-hybrid composite (G-ænial Posterior) presented acceptable surface and marginal adaptation characteristics, rendering the glass hybrid a trustable permanent material for large Class II cavities.	
Number of Patients evaluated: 32 patients Number of restorations: 90 restorations	

TITLE	Clinical Performance of Restorations in Teeth Affected by MIH
REFERENCE	Kaya R <i>et al.</i> 2021. J Dent Res Vol 100 (Spec Iss A): 0584. Clinical Performance of Restorations in Teeth Affected by MIH IADR Abstract <u>Archives</u>
Retention rate at 12-month was 100% for GH restorations, while marginal integrity was 89.2%, suggesting that EQUIA Forte HT is a good restorative option for MIH affected teeth.	
Number of Patients evaluated: 28 patients Number of restorations: 67 restorations	





### Long-term performance

TITLE	Sixty-Month Follow-up of a Glass Hybrid in NCCLs
REFERENCE	Gurgan S <i>et al,</i> 2022. Dent Res Vol 101 (Spec Iss C): P319 <u>Abstract_Book.pdf (per-iadr2022.com)</u> page307 (link to abstract not available yet)
EQUIA Forte and the resin composite Ceram.X One Universal showed similar clinical performance and survival rates in NCCLs after 5 year.	
Number of Patients evaluated: 15 patients Number of restorations: 97 restorations	

TITLE	4-Years Clinical Performance of Glass-Hybrid and Composite in Multi-Center Trial
REFERENCE	Miletic I <i>et al,</i> 2022. Dent Res Vol 101 (Spec Iss C): P350 <u>Abstract_Book.pdf (per-iadr2022.com)</u> page309 (link to abstract not available yet)
In this split-mouth study design, EQUIA Forte performed as good as the nanohybrid resin composite (Tetric EvoCeram) in moderate to large two-surface class II restorations.	
Number of Patients evaluated: 180 patients Number of restorations: 360 restorations	



#### Cost-effectiveness scientifically proven

TITLE	Glass Hybrid Versus Nanocomposite for Restoration of Sclerotic Non-carious Cervical Lesions: 18-Month Results of a Randomized Controlled Trial
REFERENCE	Schwendicke F <i>et al.</i> 2021. J Adhes Dent. Dec 3;23(6):487-496. https://doi.org/10.3290/j.jad.b2287831
EQUIA Forte may be a suitable alternative to Filtek Supreme XTE for restoring sNCCLs, without any significant difference in survival between the materials. GH restorations required less chairtime than did placing RC restorations.	
Number of Patients evaluated: 88 patients Number of restorations: 175 restorations	

TITLE	Glass hybrid versus composite for non-carious cervical lesions: Survival, restoration quality and costs in randomized controlled trial after 3 years
REFERENCE	Schwendicke F <i>et al.</i> 2021. J Dent. Jul; 110:103689. https://doi.org/10.1016/j.jdent.2021.103689
EQUIA Forte was significantly less costly both, initially and long-term, than Filtek Supreme XTE for restoring non-carious cervical lesions. Survival was not significantly different.	
Number of Patients evaluated: 88 patients Number of restorations: 175 restorations	

TITLE	Cost-effectiveness of glass hybrid versus composite in a multi-country randomized trial
REFERENCE	Schwendicke F <i>et al</i> . 2021. J Dent. 107:103614. <u>https://doi.org/10.1016/j.jdent.2021.103614</u>
EQUIA Forte was less costly than Tetric EvoCeram both initially and over 3 years. Efficacy differences were extremely limited.	
Number of Patients evaluated: 180 patients Number of restorations: 360 restorations	

TITLE	Long-term cost-effectiveness of glass hybrid versus composite in permanent molars
REFERENCE	Schwendicke F <i>et al</i> . 2021. J Dent. Sep; 112:103751. <u>https://doi.org/10.1016/j.jdent.2021.103751</u>
This study used data provided by a multi-country randomized trial comparing EQUIA Forte to Tetric EvoCeram (Miletic <i>et al,</i> 2020) . Microsimulations models translated the data into a long-term horizon, concluding that glass-hybrid is likely a cost-effective option for restoring permanent molars.	
Number of Patients evaluated: 180 patients Number of restorations: 360 restorations	



#### New class of long-term restorative

TITLE	Carious Lesions and First Restorative Treatment	
REFERENCE	Adopted by FDI General Assembly September, 2019 in San Francisco, United States of America <u>https://www.fdiworlddental.org/carious-lesions-and-first-restorative-treatment</u> International Dental Journal 2020; 70: 5–6. <u>https://doi.org/10.1111/idj.12551</u>	
This FDI policy statement gives guidance on treatment of caries in deciduous and permanent teeth differentiating the concepts of caries arrest and minimally invasive restorative concepts.		
Glass Hybrids are reco	Glass Hybrids are recognized by FDI a class of restorative materials for permanent teeth, suitable for single surface and Class II cavities.	

TITLE	Commercially Available Ion-Releasing Dental Materials and Cavitated Carious Lesions: Clinical Treatment Options
REFERENCE	Slimani A <i>et al</i> ,2021. Materials, 14, 6272. <u>https://doi.org/10.3390/ma14216272</u>
Glass Hybrids are bio-interactive restorative materials, with antibacterial effects, capacity to remineralize hard tissues and with bulk-fill reaction.	



#### Mechanical performance

TITLE	Bond strength to tooth structure and flexural properties of a new precapsulated glass-ionomer cement for filling
REFERENCE	Irie M <i>et al,</i> 2018. The J of the Jap Soc for Dent Mater and Devices Vol. 37 Special Issue 72, p.89.

EQUIA Forte HT (named EQUIA 3 in this study) presented higher shear bond strength to enamel (11.4 MPa) and to dentin (13 Mpa), greater flexural strength (36.6 MPa) and modulus of elasticity (16.8 GPa) when compared to Ketac Universal.

TITLE	Compression fracture resistance of four different glass-ionomer cements
REFERENCE	Glavina D et al, 2020. J Dent Res Vol 99 (Spec Iss A): 1284. https://iadr.abstractarchives.com/abstract/20iags-3315894/compression- fracture-resistance-of-four-different-glass-ionomer-cements
EQUIA Forte HT presented significantly higher fracture resistance than other materials (EQUIA Forte HT 245,3N; Ketac Molar 140,7N; IonoStar Molar 114,5N).	

TITLE	Mechanical performance of a newly developed glass hybrid restorative in the restoration of large MO Class 2 cavities.
REFERENCE	Kutuk ZB <i>et al</i> , 2019. Niger J Clin Pract. Jun;22(6):833-841. <u>https://doi.org/10.4103/njcp.njcp_628_18</u>
EQUIA Forte presented high values of compressive strength (164.62 ± 25.72 MPa) and fracture resistance (841.88 ± 74.57 N), suggesting it is a suitable restorative option for extensive cavities in posterior teeth.	

TITLE	In vitro investigation of antimicrobial effects, nanohardness, and cytotoxicity of different glass ionomer restorative materials in dentistry
REFERENCE	Cosgun A <i>et al</i> , 2019. Niger J Clin Pract. 2019 Mar;22(3):422-431. <u>https://doi.org/10.4103/njcp.njcp_429_18</u>
EQUIA Forte presented superior nanohardness values compared to Argion and Zirconomer	

TITLE	Bond Strength of Glass-Hybrid and Glass-Ionomer Materials to Primary Dentine
REFERENCE	Peric T <i>et al</i> , J Dent Res Vol 101 (Spec issue C): P305. <u>Abstract_Book.pdf (per-iadr2022.com)</u> page 300
EQUIA Forte HT presented high bond strength to both, sound and caries-affected dentin in primary teeth.	

TITLE	Influence of Ionizing Radiation on Fluoride-Releasing Dental Restorative Materials.
REFERENCE	Turjanski S, Par M, Bergman L, Soče M, Grego T , Sever E. Polymers (Basel). 2023, 15, 632. DOI: <u>10.3390/polym15030632</u>
Mechanical, chemical and surface properties of EQUIA Forte HT were not affected by therapeutic dose of radiotherapy.	



#### Fluoride release



TITLE	Comparative evaluation of the physical properties of a reinforced glass ionomer dental restorative material.
REFERENCE	Moshaverinia M <i>et al,</i> 2019. J Prosthet Dent. Aug;122(2):154-159. https://doi.org/10.1016/j.prosdent.2019.03.012
EQUIA Forte is a promising restorative material with higher compressive strength, fluoride release and microhardness than ChemFil Rock.	

TITLE	Comparison of compressive strength and fluoride release of GIC restoratives
REFERENCE	Mori D <i>et al</i> , 2020. J Dent Res Vol 99 (Spec Iss A): 1856. <u>https://iadr.abstractarchives.com/abstract/20iags-3317914/comparison-of-</u> <u>compressive-strength-and-fluoride-release-of-gic-restoratives</u>
EQUIA Forte HT presented the highest strength and the highest amount of fluoride release when compared to other materials (Ketac Universal, Riva Self cure, Chemfil Rock) in different time intervals.	





#### Aesthetics: translucency and color stability

TITLE	The influence of surface resin coating on the color stability of restorative glass- ionomer /glass hybrid cements
REFERENCE	Menezes-Silva R <i>et al</i> , 2020. J Dent Res Vol 99 (Spec Iss A):1312. <u>https://iadr.abstractarchives.com/abstract/20iags-3315372/the-influence-of-</u> <u>surface-resin-coating-on-the-color-stability-of-restorative-glass-ionomerglass-</u> <u>hybrid-cements</u>
The surface coating improved color stability overtime. Ketac Universal presented significant color alterations when compared to EQUIA Forte HT.	

TITLE	Mechanical and Optical Properties of a Novel Bulk Fill Glass Hybrid Restorative Dental Material
REFERENCE	Sharrooz S <i>et al,</i> 2020. J Dent Res Vol 99 (Spec Iss A): 3382, <u>https://iadr.abstractarchives.com/abstract/20iags-3322102/mechanical-and-optical-properties-of-a-novel-bulk-fill-glass-hybrid-restorative-dental-material</u>
EQUIA Forte HT presented high values of flexural strength and good translucency.	



#### Eco-friendly



	Capsule Waste Evaluation for Restorative Materials
TITLE	
	Cowens M, Powers JM. DENTAL ADVISOR Biomaterials Research Center, number
REFERENCE	164 – March 2023.
	https://www.dentaladvisor.com/pdf-download/?pdf_url=wp-
	content/uploads/2023/03/RR-164-GC-Capsule-Waste-Evaluation-for-Restorative-
	<u>Materials.pdf</u>
The overall waste generated by EQUIA Forte HT capsules is lower compared with that generated by similar	
	products.



#### Articles in dental magazines

TITLE	Glass hybrids versus composite: Efficacy and cost-effectiveness in a multicentre clinical study
REFERENCE	Schwendicke F <i>et al</i> , Dental Tribune International, March 2021. Glass hybrids versus composite: Efficacy and cost-effectiveness in a multicentre clinical study (dental-tribune.com)

TITLE	Glashybrid vs. Komposit: Wirksamkeit und Wirtschaftlichkeit in einer multizentrischen Studie
REFERENCE	Schwendicke F <i>et al</i> , Dental Tribune International, April 2021. Glass hybrids versus composite: Efficacy and cost-effectiveness in a multicentre clinical study (dental-tribune.com)

TITLE	Cost-effectiveness of glass hybrids as restorative alternative proved for cervical lesions
REFERENCE	Schwendicke F <i>et al</i> , Dental Tribune International, Jun 2021. Glass hybrids proven as alternative for cervical lesions (dental-tribune.com)

TITLE	The stamp technique: Quick and effective restoration with glass hybrids
REFERENCE	Marcano, R. Dental Tribune International, Feb 2022. <u>The stamp technique: Quick and effective restoration with glass hybrids (dental-</u> <u>tribune.com</u> )

TITLE	Interview: "Glass hybrids [] are quite forgiving and tolerant regarding clinical challenges"
REFERENCE	Miletic I . Dental Tribune International. June 2020. Interview on glass hybrids and their clinical use (dental-tribune.com)

TITLE	Amalgam: Gone for good?
REFERENCE	Schwendicke F. GC Get Connected, Oct 2022.

